

November 2016 Cross Check Specials

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	Bears v Albany 5 Chicken Cordon Bleu, Wild Rice Pilaf and Snow Peas
Bears v Rochester 6 Hand Carved Smoked Ham w/ home style mac & cheese and stewed tomatoes	7	8	9	10	11	Bears v Bridgeport 12 Chicken Parmesan, baked rotini and garlic breadsticks
Bears v Lehigh Valley 13 Meatloaf Mountain, mashed potatoes, mixed vegetables	14	15	16	17	Bears v Syracuse 18 Herb Roasted Pork Loin, scalloped potatoes, green beans	Bears v WBS 19 General Tso's Chicken, Steamed Rice, Shrimp Egg Rolls
20	21	22	Bears v WBS 23 Crab & Shrimp Rigatoni, Roasted peppers & artichokes	24	25	Bears v Springfield 26 Pork Blanquette, Egg Noodles, peas & mushrooms
27	28	29	30			

Menu Subject to Change

